



## Ski/Split/Avy Course Equipment List

Below is a list of required and recommended equipment for your adventure. Dressing properly and having the correct equipment will help Colorado Adventure Guides provide a safer and more fun experience for your group. Though we cannot control the weather, we can make sure Remember, the weather can change quickly and drastically. Our guides recommend wearing technical clothing on all higher level hikes and winter activities, but it is never a bad idea regardless of which activity you participate in. Technical clothing (polypro, merino wool, etc) is designed to help regulate body temperature and keep perspiration off of the skin. Not only is it safer, it dries faster, and is much more comfortable during exercise. When possible, please try to avoid wearing cotton like hoodies, denim jeans, cotton socks, etc. Colorado Adventure Guides strives to be as environmentally conscious as possible. We strongly urge you to bring your own hydration system or Nalgene bottles and fill them before heading to the trailhead. This reduces plastic pollution and the chance of accidentally leaving litter behind. Plus, our water is fresh and delicious up here in Summit County!

### Recommended Clothing

- Avalanche Beacon
- Avalanche Probe
- Avalanche Shovel
- Medium backpack (approx. 30-40L)
- Alpine Touring Skis, Telemark Skis, or Splitboard
- Climbing Skins (must be properly fitted)
- Goggles
- Water bottle (At least 1 Liter )
- Food for lunch and snacks
- Helmet
- Compass (optional)
- Inclinometer (optional)

### Recommended Clothing

- Hard or Soft shell pants
- Synthetic or Merino wool base layer
- Softshell jacket (optional)
- Puffy or synthetic insulated jacket
- Hardshell or water/wind resistant jacket & pants
- Light gloves for uphill travel
- Warm gloves
- Brimmed hat or visor
- Sunglasses
- Wool or synthetic socks
- Chapstick
- Neck gaiter or Buff

We provide demos on the latest AT Skis, Ski Boots, Splitboards, Avalanche Equipment, and more. Feel free to contact Colorado Adventure Guides with any questions regarding equipment via email at [info@coloradoadventureguides.com](mailto:info@coloradoadventureguides.com).

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